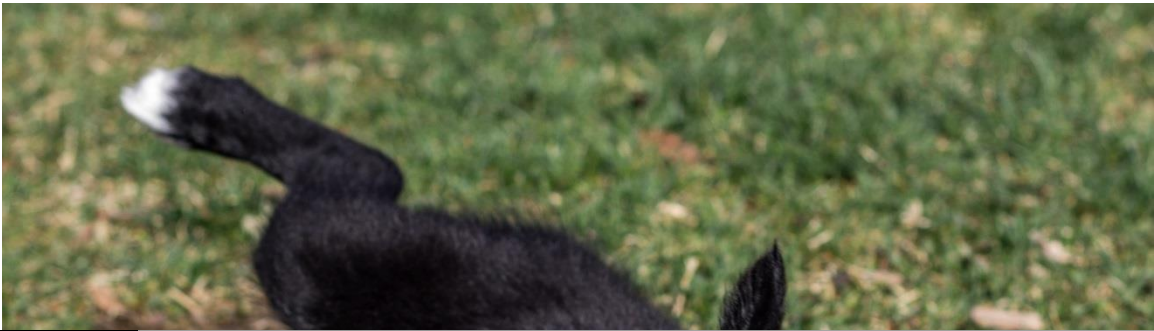


3/9/2014



CLOUD K9  
ACADEMY

## PUPPY BASICS



Essential Foundations | Rachel

# CRATE TRAIN FIDO



## What are we trying to achieve?

- A dog that happily goes to his crate the instant you ask him to 'go to bed'
- A dog that happily settles in his crate for up to 4 hours on end, with minimum stress and boredom
- A dog that is successful and happy in its new environment

## Why Bother?

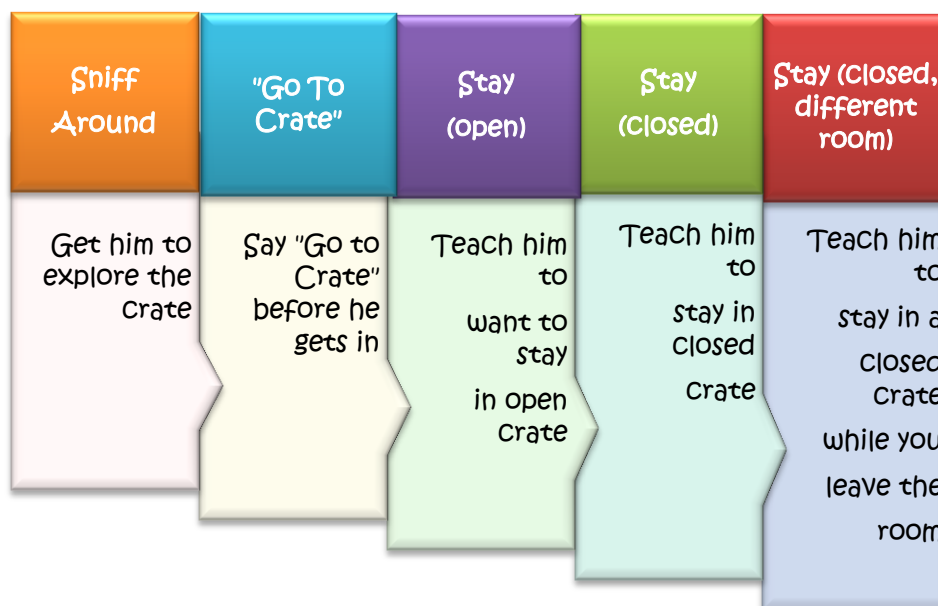
A crate can be useful for many reasons. A crate is a safe place for a puppy or new dog to be when they are unsupervised. It also keeps the dog out of trouble. Crate training is also an essential tool in potty training. The crate can also be a safe place to keep the puppy from becoming overwhelmed with visiting people or dogs. It is also a familiar place for a dog during a vet stay or during transport. This can help to reduce anxiety in unfamiliar situations.

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## Our Method

To get a dog happily going to the crate is taught with 5 gradual steps without force. Stay at the same step until your dog is reliably performing that step 8 out of 10 times. Spend time on the first steps and this will help you in the long run. Remember to keep it positive and fun.



## Final Tips

- Do not make a fuss when he comes out of his crate. He just went to his bedroom for a bit, and you are teaching him that it's ordinary and safe.
- When you come back, hang around a little so that your return doesn't mean the door instantly flies open.
- Be careful what you leave in the crate. Make sure it won't splinter or tear apart.
- Keep the crate positive. Do not use it as a punishment.
- If the dog cannot be in crated in a separate room yet, crate it in the bedroom until it is ready to be separated. This will decrease the chances of the dog developing separation anxiety.
- Even if the crate training is well established, don't forget to reward your dog with attention/treats, etc. whenever he's in his crate, especially if he is calm.
- For further information contact Rachel Fein ([rachel@cloudk9academy.com](mailto:rachel@cloudk9academy.com))

## MAKE FIDO TIRED

### Why bother?

Dogs need both physical and mental exercise to be successful. Without exercise dogs of all ages can develop behavioral problems such as destructive chewing, digging, scratching, hyperactivity, rough play and biting, barking and whining. Exercise helps to reduce or eliminate the common behavior problems listed above. It also helps to keep dogs healthy and calm. In addition, exercise can also help build confidence.

### Exercise:

#### How much is enough?

This depends on the dog. However, dogs need a minimum of 30-60 minutes per day of physical exercise. Consult your vet to find out how much exercise your dog needs. The more mental stimulation you can give your dog, the calmer and happier it will be. I recommend 5 minute sessions 2-3 per day.

#### Ideas for physical exercise:

- Walks
- Running in backyard
- Playing fetch or frisbee
- Swimming
- Treadmill
- Play Tug
- Core Strengthening Tricks
- Dog Sports
- Doggie Play Dates

#### Ideas for mental exercise:

- Trick Training
- Food Puzzles
- Interactive Games
- Chew Toys
- Nosework
- Dog Sports
- Give your dog a job
- Dog Classes
- Therapy Work

### Final Notes

- Make sure you provide plenty of water for you dog
- Consult a vet before starting any physical exercise program
- Be careful in severe heat or cold. Watch to make sure your dog does not overheat or get too cold.
- For more information contact Rachel Fein ([rachel@cloudk9academy.com](mailto:rachel@cloudk9academy.com))

## Socialize Fido



### Why Bother?

Socialization introduces puppies to the world. It helps the puppy be confident and unafraid of people, places and things that he will encounter throughout his life. The critical socialization period is between 6-12 weeks. The period is considered to be closed by 5 months. Puppy socialization can help reduce chances of significant behavioral problems as the puppy grows into an adult dog.

### Our Method:

1. Each exposure must be fun and positive for the puppy
2. Pair treats and/or play with exposures to create good associations (ie. Kids=Treats)
3. 5 exposures for each item. This will create generalization.
4. Do not let people/children touch the puppy until it is comfortable with that person
5. If puppy is stressed, stop and resume later at less intensity/further away
6. Keep it safe for the dog and the object of exposure



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## Checklist:

	1	2	3	4	5
People (age and appearance)					
Babies					
Children					
Groups of Children					
Elderly					
Crowds					
Loud Crowds					
Men					
Women					
Teenagers					
People (appearance and job)					
Repair Person					
Mailman					
Veterinarian					
Police Man					
Hats					
Large People					
Facial Hair					
Glasses					
Animals					
Puppies					
Male Adult Dogs					
Female Adult Dogs					
Sheep & Cows					
Cats					
Pet Birds					
Other Pets					
Horses					
Chickens					
Places					
Veterinarian Office					
Boarding Kennel					
Pet Store					
Dog Competitions					

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Building Relationships Through Fun

	1	2	3	4	5
Flooring					
Slippery Floors (tiles, hardwood)					
Stairs					
Gravel, Cement, Stone, Pavement					
Grass					
Astroturf					
Elevator					
Sounds					
Laughing, Crying, Shouting					
Sirens					
Fireworks					
Car Horns					
Traffic					
Doorbell					
Thunderstorms					
Radios					
Knocking on Door					
Whistles					
Barking					
Grooming & Vet Care					
Bath					
Brushing					
Wearing a Muzzle					
Nail Trimming					
Tooth Brushing					
Inspecting Mouth					
Touching (ears, tail, paws, collar)					
Movement					
People Running					
Bicycles, Skate Boards & Inline Skates					
Dancing & Jumping					
Household					
Washer, Dryer, Dishwasher					
Hair Dryer					
Vacuum					

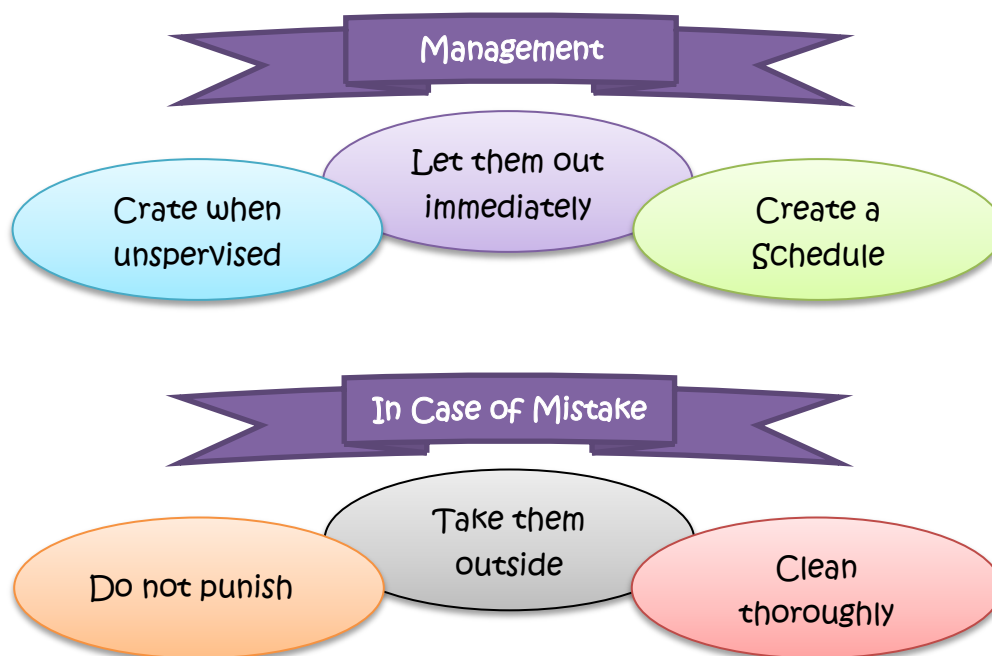
## Potty Train Fido

### Physical Needs:

Young puppies cannot hold it all day/night long. They develop that maturity over time. The rule of thumb is 1 hour for each month.

Average Age	Potty Needs
6 Weeks	No more than 1 hour
8 Weeks	No more than 2 hours. Ideal age for potty training.
4 Months	No more than 4 hours during the day. Most puppies can hold it all night by this point.
5-6 Months	Most can be reliably potty trained

### Our Methods:

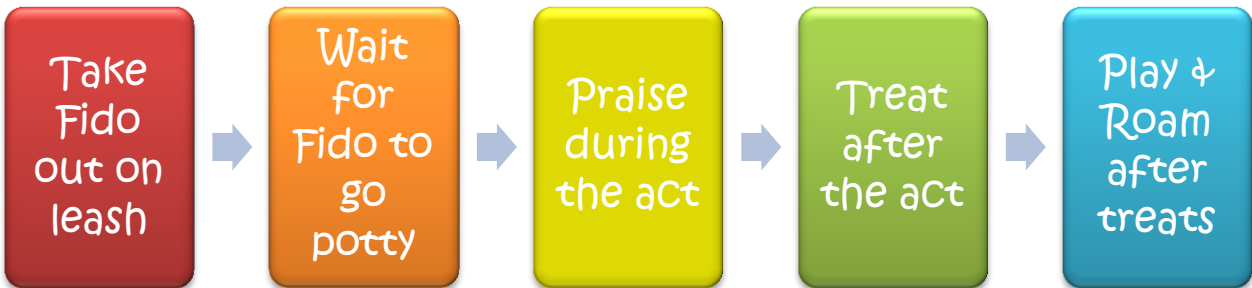




# Cloud K9 Academy

Building Relationships Through Fun

## Steps:



Caution: Please pick up after your dogs

## Trouble Shooting:

- If Fido does not go to the bathroom after 5 minutes take him back inside and gently lure him into the crate.
- Once Fido is in the crate wait 10 minutes and take him back outside
- Repeat these steps until Fido goes. He will eventually go unless there is a medical problem.
- If you are having trouble getting Fido to go on leash, try a lighter and longer leash.

## Final Notes:

- Be patient and kind. Potty training takes time.
- Keep Fido on a schedule. Take him out every time you take him out of his crate, he wakes up from a nap, he eats or drinks, or any time he has been active.
- Plan to feed him at least an hour prior to your bedtime.
- Let him out one last time before you go to bed.
- Expect to let him out during the night. The amount of time he can go will depend on his age.
- The first few weeks after you bring Fido home can be exhausting. With patience and love you will get through it.
- For more information contact Rachel Fein ([rachel@cloudk9academy.com](mailto:rachel@cloudk9academy.com))